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RECURSOS EN ESPAÑOL SOBRE LOS TRASTORNOS DE LA DEPRESIÓN, ANSIEDAD Y ABUSO DE SUSTANCIAS

1. NIH NIMH: <https://www.nimh.nih.gov/health/publications/espanol/spanish-listing>
2. Hispanic/Latinx MHTTC (select solo recursos en Español):
<https://mhttcnetwork.org/centers/global-mhttc/products-resources-catalog>
3. NIA: <https://www.nia.nih.gov/espanol>
4. Children: <https://www.cdc.gov/childrensmentalhealth/spanish/index.html>
5. PTSD/TEPT: <https://www.ptsd.va.gov/spanish/>
6. SAMHSA Resources Spanish (compilation of resource lists):
<https://www.samhsa.gov/sites/default/files/spanish-language-resources-obhe-10202020.pdf>
7. SAMHSA Publications (Spanish) - select:
<https://store.samhsa.gov/?f%5B0%5D=language%3AES>
8. SAMHSA Substance Abuse Treatment and Prevention
<https://www.samhsa.gov/behavioral-health-equity/hispanic-latino>
9. SMI Advisor Spanish: <https://smiadviser.org/?s=spanish>
10. Spanish Books: <https://www.spanishpublishers.net/>